

Leeds & York Partnership  
NHS Foundation Trust



IGA



Northern School  
of Child and Adolescent Psychotherapy

# Working with Groups: Theory and Practice of Group Analysis

## The Mind, The Body and The Group

**Speakers:** Sue Einhorn, Sheila Ritchie, Cathie Gibbs, Morris Nitsun & Angela Rosenfeld

September 2014 – March 2015

Venue: NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

Seminars £55

There will be a reduced rate of £290 for bookings of 6 seminars.



## Course Outline

We are pleased to be able to offer a continuing program of Friday CPD seminars which are designed to develop and support the on-going practice of group analytic group work in the NHS and Voluntary sector in the north of England. These seminars are a collaboration between the Institute of Group Analysis, the Northern School of Child and Adolescent Psychotherapy and the Leeds and York Partnership NHS Foundation Trust.

Group analysis is a method of psycho-analytic psychotherapy wherein the group itself is developed as the medium of therapy. Described first in the 1940s by Dr SH Foulkes (psychiatrist and psycho-analyst), it derives from psycho-analysis, sociology and systems thinking, combining the depth of the psychological with the breadth of the social.

These seminars will offer the opportunity for group practitioners to examine a wide range of topics related to the practice of group analytic psychotherapy in the current climate. We will also explore contemporary developments in group theory.

There will be 6 seminars over 2 academic terms. To facilitate continuity participants will be required to book for a minimum of 3 seminars and can book all 6 if they so wish. This allows for inclusion of new members to join at the beginning of each term should there be places available.

The seminar will run from 2.30-5.30pm and will incorporate three elements – a presentation by an invited speaker, small group discussion and a large application group which will include a presentation of a current group. It is expected that participants will bring (anonymised) case material and be ready to share their own experience.

## Who should attend?

These seminars are open to group analysts, group psychotherapists, and all health service professionals, with an interest in therapeutic, team and/or organisational group work.

## Cost

**Seminars £55.** There will be a reduced rate of £290 for bookings of 6 seminars. The seminars are subsidised by the Yorkshire and Humber Strategic Health Authority which allows us to keep the cost low. For this reason, priority is given to applicants in the NHS within the Yorkshire and Humber region. Places are limited to 20.

## Seminar Leaders

The seminars will be jointly convened by Isobel Conlon and Ewa Wojciechowska. Between them they have many years of experience of working with groups in the NHS, Voluntary and Private sectors.

They are both Training Group Analysts and Accredited Supervisors of the Institute of Group Analysis. The Institute of Group Analysis is the premier training organisation for group analysts and group practitioners in the UK.

The convenors will be joined by senior members of the IGA who have a particular interest in the topic being discussed.

## Seminars and speakers

This series will focus on contemporary ideas and writings in group analysis and implications for practice. Seminars and speakers to be confirmed

## Dates

### Autumn Series:

Friday 19th September 2014  
Friday 17th October 2014  
Friday 21st November 2014

### Spring Series:

Friday 23 January 2015  
Friday 27th February 2015  
Friday 20th March 2015

## Venue

Northern School of Child & Adolescent Psychotherapy  
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW

## Applying for the course

See overleaf for an application form, or contact:  
Business Support Officer  
NSCAP Bevan House, 34-36 Springwell Road Leeds  
LS12 1AW

Email [nscap.lypft@nhs.net](mailto:nscap.lypft@nhs.net)  
Telephone 0113 305 8750  
Fax 0113 244 0966

## Autumn 2014 programme

### Friday 19th September 2014

The Body In The Group: What We can See and What is Hidden.

**Sue Einhorn** is a training group analyst and psychotherapist in private practice. She teaches and supervises for the Institute of Group Analysis, convened training in Group Analysis in St. Petersburg, Russia and currently supervises experienced therapists in Norway. She has previously worked for the Medical Foundation for the Victims of Torture, Medical Justice and The Women's Therapy Centre, London.

### Friday 17th October 2014

Getting to the Hunger: Working with Eating Disorders in the Body of the Group

**Sheila Ritchie** is a psychoanalytic psychotherapist and group analyst. She worked at the Women's Therapy Centre in London for many years, specialising in eating problems and now supervises in an NHS inpatient eating disorders service. Sheila is a training therapist and a supervisor and teacher for a range of trainings including IGA and Turvey Institute. She is consultant group analyst for Camden and Islington Mental Health Trust and runs a perinatal mother and baby group for NELFT where babies are equal group members.

### Friday 21st November 2014

Attacks on the Skin - Working with self injury in a Group Setting

**Cathie Gibbs** is a group analyst and psychotherapist, working with self injury in Leeds CAMHS for over 20 years, The Leeds Womens Therapy Centre and in private practice. She also consults to other self harm projects including Womenspace at Leeds WCTS. She is a regular contributor to the Foundation Course in Group Analysis in York and to the Qualifying Course in Group Analysis, Manchester.

## Spring 2015 Programme

### Friday 23rd January 2015

Sexuality and Desire - themes for group analytic psychotherapy?

**Morris Nitsun** is a consultant clinical psychologist, psychotherapist and training group analyst in the NHS and in private practice. He is convening a new course at the Anna Freud Clinic in London: the "Diploma in Innovative Group Interventions". His books include, "The Anti-group: Destructive Forces in the Group and Their Creative Potential" (Nitsun 1996) (reissued 2014), Beyond the Anti-Group: Survival and Transformation (2014) and "The Group as an Object of Desire" (2006). He has given keynote lectures and workshops at national and international conferences. He is also a practising artist, having had regular one-person exhibitions in London.

### Friday 27th February 2015

Transgender - What can a group offer?

**Angela Rosenfeld** is a training group analyst and until recently, supervisor and group conductor at the Turvey Institute. She was a music therapist at Halliwick Hospital Therapeutic Community. As a group analyst she conducted groups in the psychotherapy services in Sheffield and was a founder member of the Sheffield Women's Counselling and Therapy Service. She was a contributor to the MA course in psychoanalytic psychotherapy at the University of Sheffield and Introductory Course in Groupwork. Now in independent practice, she is a supervisor for the Trust and their Transgender Service. She is a member of the Ethics Committee, Institute of Group Analysis in London.

### Friday 20th March 2015

Series Review

The body and the anti-body in the group: An evaluation of the two series and planning for the future. **Isobel Conlon** and **Ewa Wojciechowska**  
Course Convenors

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Telephone 0113 305 8750  
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# Working with Groups: Theory and Practice of Group Analysis

September 2014 - March 2015  
Venue: Leeds

## Personal Details

Title: ..... Name: ..... Email Address: .....

Address for correspondence: .....

Postcode: ..... Telephone: .....

Any Special Requirements: .....

## Course Fees & Cancellation

I wish to attend the full series: £290

I wish to attend only the following seminars:

- |   |     |  |     |
|---|-----|--|-----|
| <input type="checkbox"/> Friday 19th September 2014 | £55 | <input type="checkbox"/> Friday 23rd January 2015  | £55 |
| <input type="checkbox"/> Friday 17th October 2014   | £55 | <input type="checkbox"/> Friday 27th February 2015 | £55 |
| <input type="checkbox"/> Friday 21st November 2014  | £55 | <input type="checkbox"/> Friday 20th March 2015    | £55 |

## Payment & Invoice Details

(If you wish to pay by invoice, please supply your or your finance departments information in full, including the name for attention and telephone contact.)

- I enclose a cheque (made payable to Leeds and York Partnership NHS Foundation Trust) for £
- Please invoice my organisation for £

Name: ..... Job Title: .....

Organisation: .....

Address: ..... Postcode: .....

..... Purchase Order No: .....

Telephone: ..... (if required)

## Work experience and or professional experience

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Employing organisation: .....

Please describe your current work role and responsibilities: .....

Why do you want to apply for these seminars? .....

## Personal Statement

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Please give details of qualifying training in group analysis, group psychotherapy and individual counselling and psychotherapy:

Please give details of your current group work (including geographical location) and the nature of your professional responsibilities:

Do you have a special interest in a particular client group or setting, or are there issues that you would like to see covered?

Can you bring a group for discussion? YES / NO

Print name:

Signature:

Date:

This form should be returned to:

**Business Support Officer**

Northern School of Child and Adolescent Psychotherapy  
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW  
Fax: 0113 244 0966 Telephone: 0113 305 8750  
Email: nscap.lypft@nhs.net

## Terms & Conditions

### 1.0 Payment Methods

1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds and York Partnership NHS Foundation Trust.

1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.

1.3 Please contact the Course Administrator on 0113 305 8750 with any queries about payment.

1.4 Places cannot be confirmed until receipt of payment.

### 2.0 Availability

2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

### 3.0 Confirmation of Reservations

3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.

3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

### 4.0 Reservation & Cancellation Policy

4.1 All cancellations are subject to an administration charge of 10% of the course fee.

4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

### 5.0 Further Information

5.1 For further information about all our future events and activities, visit [www.nscap.org.uk](http://www.nscap.org.uk), email [nscap.lypft@nhs.net](mailto:nscap.lypft@nhs.net) or call 0113 305 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box

