Working with Groups: Theory and Practice of Group Analysis

The Mind, The Body and The Group

Speakers: Sue Einhorn, Sheila Ritchie, Cathie Gibbs, Morris Nitsun & Angela Rosenfeld

September 2014 – March 2015
Venue: NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW
Seminars £55
There will be a reduced rate of £290 for bookings of 6 seminars.
Course Outline

We are pleased to be able to offer a continuing program of Friday CPD seminars which are designed to develop and support the on-going practice of group analytic group work in the NHS and Voluntary sector in the north of England. These seminars are a collaboration between the Institute of Group Analysis, the Northern School of Child and Adolescent Psychotherapy and the Leeds and York Partnership NHS Foundation Trust.

Group analysis is a method of psycho-analytic psychotherapy wherein the group itself is developed as the medium of therapy. Described first in the 1940s by Dr SH Foulkes (psychiatrist and psycho-analyst), it derives from psycho-analysis, sociology and systems thinking, combining the depth of the psychological with the breadth of the social.

These seminars will offer the opportunity for group practitioners to examine a wide range of topics related to the practice of group analytic psychotherapy in the current climate. We will also explore contemporary developments in group theory.

There will be 6 seminars over 2 academic terms. To facilitate continuity participants will be required to book for a minimum of 3 seminars and can book all 6 if they so wish. This allows for inclusion of new members to join at the beginning of each term should there be places available.

The seminar will run from 2.30-5.30pm and will incorporate three elements – a presentation by an invited speaker, small group discussion and a large application group which will include a presentation of a current group. It is expected that participants will bring (anonymised) case material and be ready to share their own experience.

Who should attend?

These seminars are open to group analysts, group psychotherapists, and all health service professionals, with an interest in therapeutic, team and/or organisational group work.

Cost

Seminars £55. There will be a reduced rate of £290 for bookings of 6 seminars. The seminars are subsidised by the Yorkshire and Humber Strategic Health Authority which allows us to keep the cost low. For this reason, priority is given to applicants in the NHS within the Yorkshire and Humber region. Places are limited to 20.

Seminar Leaders

The seminars will be jointly convened by Isobel Conlon and Ewa Wojciechowska. Between them they have many years of experience of working with groups in the NHS, Voluntary and Private sectors.

They are both Training Group Analysts and Accredited Supervisors of the Institute of Group Analysis. The Institute of Group Analysis is the premier training organisation for group analysts and group practitioners in the UK.

The convenors will be joined by senior members of the IGA who have a particular interest in the topic being discussed.

Seminars and speakers

This series will focus on contemporary ideas and writings in group analysis and implications for practice. Seminars and speakers to be confirmed

Dates

Autumn Series:
Friday 19th September 2014
Friday 17th October 2014
Friday 21st November 2014

Spring Series:
Friday 23 January 2015
Friday 27th February 2015
Friday 20th March 2015

Venue

Northern School of Child & Adolescent Psychotherapy
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW

Applying for the course

See overleaf for an application form, or contact:
Business Support Officer
NSCAP Bevan House, 34-36 Springwell Road Leeds
LS12 1AW

Email nscap.lypft@nhs.net
Telephone 0113 305 8750
Fax 0113 244 0966

www.nscap.org.uk
Autumn 2014 programme

Friday 19th September 2014
The Body In The Group: What We can See and What is Hidden.

Sue Einhorn is a training group analyst and psychotherapist in private practice. She teaches and supervises for the Institute of Group Analysis, convened training in Group Analysis in St. Petersburg, Russia and currently supervises experienced therapists in Norway. She has previously worked for the Medical Foundation for the Victims of Torture, Medical Justice and The Women’s Therapy Centre, London.

Friday 17th October 2014
Getting to the Hunger: Working with Eating Disorders in the Body of the Group

Sheila Ritchie is a psychoanalytic psychotherapist and group analyst. She worked at the Women’s Therapy Centre in London for many years, specialising in eating problems and now supervises in an NHS inpatient eating disorders service. Sheila is a training therapist and a supervisor and teacher for a range of trainings including IGA and Turvey Institute. She is consultant group analyst for Camden and Islington Mental Health Trust and runs a perinatal mother and baby group for NELFT where babies are equal group members.

Friday 21st November 2014
Attacks on the Skin - Working with self injury in a Group Setting

Cathie Gibbs is a group analyst and psychotherapist, working with self injury in Leeds CAMHS for over 20 years, The Leeds Womens Therapy Centre and in private practice. She also consults to other self harm projects including Womenspace at Leeds WCTS. She is a regular contributor to the Foundation Course in Group Analysis in York and to the Qualifying Course in Group Analysis, Manchester.

Spring 2015 Programme

Friday 23rd January 2015
Sexuality and Desire - themes for group analytic psychotherapy?

Morris Nitsun is a consultant clinical psychologist, psychotherapist and training group analyst in the NHS and in private practice. He is convening a new course at the Anna Freud Clinic in London: the “Diploma in Innovative Group Interventions”. His books include, “The Anti-group: Destructive Forces in the Group and Their Creative Potential” (Nitsun 1996) (reissued 2014), Beyond the Anti-Group: Survival and Transformation (2014) and “The Group as an Object of Desire” (2006). He has given keynote lectures and workshops at national and international conferences. He is also a practising artist, having had regular one-person exhibitions in London.

Friday 27th February 2015
Transgender - What can a group offer?

Angela Rosenfeld is a training group analyst and until recently, supervisor and group conductor at the Turvey Institute. She was a music therapist at Halliwick Hospital Therapeutic Community. As a group analyst she conducted groups in the psychotherapy services in Sheffield and was a founder member of the Sheffield Women’s Counselling and Therapy Service. She was a contributor to the MA course in psychoanalytic psychotherapy at the University of Sheffield and Introductory Course in Groupwork. Now in independent practice, she is a supervisor for the Trust and their Transgender Service. She is a member of the Ethics Committee, Institute of Group Analysis in London.

Friday 20th March 2015
Series Review

The body and the anti-body in the group: An evaluation of the two series and planning for the future. Isobel Conlon and Ewa Wojciechowska

Course Convenors

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Working with Groups: Theory and Practice of Group Analysis
September 2014 - March 2015
Venue: Leeds

Personal Details

Title: .................................. Name: ................................................................. Email Address: .................................................................
Address for correspondence: ..........................................................................................................................................................................
Postal code: ........................................................................................................ Telephone: .................................................................
Any Special Requirements: ..........................................................................................................................................................................

Course Fees & Cancellation

☐ I wish to attend the full series: £290

☐ I wish to attend only the following seminars:

☐ Friday 19th September 2014 £55  ☐ Friday 17th October 2014 £55  ☐ Friday 21st November 2014 £55  ☐ Friday 23rd January 2015 £55

☐ Friday 27th February 2015 £55  ☐ Friday 20th March 2015 £55

Payment & Invoice Details

(If you wish to pay by invoice, please supply your or your finance departments information in full, including the name for attention and telephone contact.)

☐ I enclose a cheque (made payable to Leeds and York Partnership NHS Foundation Trust) for £

☐ Please invoice my organisation for £

Name: .................................................................................................................. Job Title: ..................................................................................................................
Organisation: .............................................................................................................
Address: ..................................................................................................................
..................................................................................................................
Telephone: ...........................................................................................................
Postcode: ..................................................................................................................
Purchase Order No: ............................................................................................... (if required)
Work experience and or professional experience

Employing organisation: 

Please describe your current work role and responsibilities: 

Why do you want to apply for these seminars? 

Personal Statement

Please give details of qualifying training in group analysis, group psychotherapy and individual counselling and psychotherapy:

Please give details of your current group work (including geographical location) and the nature of your professional responsibilities:

Do you have a special interest in a particular client group or setting, or are there issues that you would like to see covered?
Term & Conditions

1.0 Payment Methods
1.1 Payment must be made in advance of the course start date. We prefer to
receive payment by cheque and ask that you submit payment along with your
application form. Please make a cheque payable to Leeds and York Partnership
NHS Foundation Trust.
1.2 If your organisation has agreed to fund your place on the course, please
provide invoicing details: name, job title, organisation, address and telephone
number, and order number if required.
1.3 Please contact the Course Administrator on 0113 305 8750 with any
queries about payment.
1.4 Places cannot be confirmed until receipt of payment.

2.0 Availability
2.1 Please note that any courses may be limited in capacity, and will be
allocated on a first-come, first-served basis. No guarantees can be made
regarding the availability of spaces on any of our seminars prior to receipt of
payment.

3.0 Confirmation of Reservations
3.1 All reservations will be confirmed in writing with details of programme
times and venue information provided.
3.2 Please ensure you provide an up-to-date email address as any details of
final changes to the course will be emailed to your account. Please therefore
remember to check your email account prior to the start of the course to ensure
you are informed of such changes.

4.0 Reservation & Cancellation Policy
4.1 All cancellations are subject to an administration charge of 10% of the
course fee.
4.2 Cancellations made less than 2 weeks in advance of first day are subject to
100% charge.

5.0 Further Information
5.1 For further information about all our future events and activities, visit
www.nscap.org.uk, email nscap.lypft@nhs.net or call 0113 305 8750.

Your personal information will be held on our database and used to process
your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events,
please tick this box ☐