

Working with Groups: Theory and Practice of Group Analysis

Autumn Seminars: **Fear and the Countertransference**

Winter Seminars: **Psychic Assaults and Frightened Clinicians**

September 2013 – March 2014

Venue: NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

Seminars £50

There will be a reduced rate of £275 for bookings of 6 seminars.



Course Outline

Following a successful pilot project we are pleased to be able to offer a continuing program of Friday CPD seminars which are designed to develop and support the on-going practice of group analytic group work in the NHS and Voluntary sector in the north of England. These seminars are collaboration between the Institute of Group Analysis, the Northern School of Child and Adolescent Psychotherapy and the Leeds and York NHS Foundation Trust.

Group analysis is a method of psycho-analytic psychotherapy wherein the group itself is developed as the medium of therapy. Described first in the 1940s by Dr SH Foulkes (psychiatrist and psycho-analyst), it derives from psycho-analysis, sociology and systems thinking, combining the depth of the psychological with the breadth of the social.

These seminars will offer the opportunity for group practitioners to examine a wide range of topics related to the practice of analytic group psychotherapy in the current climate. We will also explore contemporary developments in group theory.

There will be 6 seminars over 2 academic terms. To facilitate continuity participants will be required to book for a minimum of 3 seminars and can book all 6 if they so wish. This allows for inclusion of new members to join at the beginning of each term should there be places available.

The seminar will run from 2.30-5.30pm and will incorporate three elements – a presentation by an invited speaker, small group discussion and a large application group which will include a presentation of a current group. It is expected that participants will bring (anonymised) case material and be ready to share their own experience.

Who should attend?

These seminars are open to group analysts, group psychotherapists, and all health service professionals, with an interest in therapeutic, team and/or organisational group work.

Cost

Seminars £50. There will be a reduced rate of £275 for bookings of 6 seminars. The seminars are subsidised by the Yorkshire and Humber Strategic Health Authority which allows us to keep the cost low. For this reason, priority is given to applicants in the NHS within the Yorkshire and Humber region. Places are limited to 20.

Seminar Leaders

The seminars will be jointly facilitated/convened by Isobel Conlon and Ewa Wojciechowska. Between them they have many years of experience of working with groups in the NHS, Voluntary and Private sectors.

They are both Training Group Analysts and Accredited Supervisors of the Institute of Group Analysis. The Institute of Group Analysis is the premier training organisation for group analysts and group practitioners in the UK.

The seminar leaders will be joined by senior members of the IGA who have a particular interest in the topic being discussed.

Seminars and speakers

Autumn Series:

Fear and the Countertransference by Sue Einhorn

Attachment Theory as a Framework for Understanding Racism by MJ Maher

Unexpected Gains: Group Psychotherapy for Women with a Learning Disability by Cathie Gibbs

Spring Series:

Nemesis Inferno: Reflective Practice as a Mental Seat-Belt by John Gordon

Murdering Minds – Minding Murder: The Interpersonal Dynamic Consultation by John Gordon
Review Session run by Isobel and Ewa

Dates

Autumn Series:

Friday 27th September 2013

Friday 18th October 2013

Friday 22nd November 2013

Spring Series:

Friday 24th January 2014

Friday 21st February 2014

Friday 14th March 2014

Venue

Northern School of Child & Adolescent Psychotherapy
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW

Autumn Programme:

Fear and the Countertransference

Friday 27th September:

The Fear and the Fascination of Working with Difference in Groups by Ms Sue Einhorn

Sue Einhorn is a Training Group Analyst and psychotherapist in private practice. She teaches and supervises for the Institute of Group Analysis, convened a training in Group Analysis in ST. Petersburg, Russia and currently supervises experienced therapists in Norway. She has previously worked for the Medical Foundation for the Victims of Torture, Medical Justice and The Women's Therapy Centre, London.

Friday 18th October:

Attachment Theory as a Framework for Understanding Racism by Ms MJ Maher

MJ Maher is a group analyst and psychotherapist in private practice in London. She facilitates experiential groups at Westminster Pastoral Foundation and Roehampton University. MJ teaches on The Introduction to Counselling and Psychotherapy, and on The Postgraduate Diploma in Psychodynamic Theory and Practice: Groupwork Seminars. MJ is the author of **Racism and Cultural Diversity: Cultivating Racial Harmony through Counselling, Group Analysis and Psychotherapy** (2012) Karnac.

Friday 22 November:

Unexpected Gains: Group Psychotherapy for Women with a Learning Disability by Ms Cathie Gibbs

Cathie Gibbs is a Group Analyst and Psychotherapist, working in Leeds CAMHS since 1992, The Leeds Womens Therapy Centre and in private practice. She started her career as a nurse and managed a residential unit for young adults with a learning disability. She has a special interest in psychotherapy with this particular group and has conducted a group for women with a learning disability at WCTS since 2003. She is a regular contributor to The Foundation Course in Group Analysis in York and to the Qualifying Course in Group Analysis, Manchester.

Winter Programme:

Psychic Assaults and Frightened Clinicians

Friday 24th January:

Nemesis Inferno: Reflective Practice as a Mental Seat-Belt by John Gordon

Friday 21st February:

Murdering Minds - Minding Murder: The Interpersonal Dynamic Consultation by John Gordon

John Gordon is a Consultant Adult Psychotherapist in the NHS and works in a Forensic Psychotherapy Department and in private practice. He lectures at Birkbeck College, Univ. of London. and Hon. Sen. Lecturer at Imperial College Medical School. He is a Member of the Brit. Psychoanalytic Assoc., a Senior Member of Brit. Assoc. of Psychotherapists and a Member of The Institute of Group Analysis. He is co-author with **Stuart Whiteley of Group Approaches in Psychiatry** and co-editor with Gabriel Kirtchuk of **Psychic Assaults and Frightened Clinicians**.

Friday 14th March 2014:

Series Review: Are we still afraid?

An evaluation of the two series and planning for the future. Isobel Conlon and Ewa Wojciechowska
Course Convenors

Applying for the course

See overleaf for an application form, or contact:

Business Support Officer

NSCAP Bevan House, 34-36 Springwell Road Leeds
LS12 1AW

Email nscap.lypft@nhs.net

Telephone 0113 305 8750

Fax 0113 244 0966



Working with Groups: Theory and Practice of Group Analysis

September 2013 - March 2014
Venue: Leeds

Personal Details

Title: Name: Email Address:

Address for correspondence:

Postcode: Telephone:

Any Special Requirements:

Course Fees & Cancellation

I wish to attend the full series: £275

I wish to attend only the following seminars:

- | | | | |
|---|-----|--|-----|
| <input type="checkbox"/> Friday 27th September 2013 | £50 | <input type="checkbox"/> Friday 24th January 2014 | £50 |
| <input type="checkbox"/> Friday 18th October 2013 | £50 | <input type="checkbox"/> Friday 21st February 2014 | £50 |
| <input type="checkbox"/> Friday 22nd November 2013 | £50 | <input type="checkbox"/> Friday 14th March 2014 | £50 |

(If you wish to pay by invoice, please supply your or your finance departments information in full, including the name for attention and telephone contact.)

Work experience and or professional experience

Employing organisation:

Please describe your current work role and responsibilities:

Why do you want to apply for these seminars?

Personal Statement

Please give details of qualifying training in group analysis, group psychotherapy and individual counselling and psychotherapy:

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Please give details of your current group work (including geographical location) and the nature of your professional responsibilities:

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Do you have a special interest in a particular client group or setting, or are there issues that you would like to see covered?

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Can you bring a group for discussion? YES / NO

Print name:

Signature:

Date:

This form should be returned to:

The Course Administrator

Northern School of Child and Adolescent Psychotherapy
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW
Fax: 0113 244 0966 Telephone: 0113 305 8750
Email: nscap.lypft@nhs.net

Terms & Conditions

1.0 Payment Methods

1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds and York Partnership Foundation Trust.

1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.

1.3 Please contact the Course Administrator on 0113 305 8750 with any queries about payment.

1.4 Places cannot be confirmed until receipt of payment.

2.0 Availability

2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

3.0 Confirmation of Reservations

3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.

3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

4.0 Reservation & Cancellation Policy

4.1 All cancellations are subject to an administration charge of 10% of the course fee.

4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

5.0 Further Information

5.1 For further information about all our future events and activities, visit www.nscap.org.uk, email nscap.lypft@nhs.net or call 0113 305 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box