

Video Interaction Guidance (VIG) Training

NSCAP is pleased to host this 2 day Video Interaction Guidance (VIG) Training course, provided by Hilary Kennedy, educational psychologist and developer of VIG in the UK, and Helen Gibson, systemic psychotherapist and VIG supervisor and trainer.

This initial two day training course provides introductory training in the approach of Video Interaction Guidance UK™ for professionals who work with teachers, parents and carers who are experiencing difficulties in communication with their children and wish to develop better relationships with them.

June 9th and 10th 2014

Venue: NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW
£375 (maximum 12 participants)

“This course has provided the missing link for me. I have been intending to implement solution-focused and empowering methods with troubled families and now I know exactly how to do it in a way that the families can share”

Clinical Psychologist



What is Video Interaction Guidance UK™?

Video Interaction Guidance UK™ is a relatively new intervention approach in the UK whose methods, quality and standards are specified by the Association for Video Interaction Guidance UK. (See www.videointeractionguidance.net for more details)

VIG is an evidence-based intervention which works by actively engaging clients in a process of change. By making a video recording of their clients' interactions, the VIG Guider then edits the recording to select elements that best display moments of successful attunement. These are then shown to the client in a subsequent session where the VIG guider explores the client's experience of seeing the clips and what they were doing to create those attuned moments.

VIG Guiders are themselves guided by the values around respect, empowerment, trust and hope. These include a belief that everybody is doing the best they can at the time; all people, even in adverse situations, have the power and capacity to change; people have an innate desire to connect with others; people must be actively involved in their own change process; recognition and empathetic regard for what people are managing builds trust; affirmation of strengths within attuned hopeful relationship is the key to supporting change.

VIG is most typically used for interactions between children and adults, either parents or professionals, although it can also be used within pairs (or even groups) of adults. Its aim is to give individuals a chance to reflect on their interactions, drawing attention to elements that are successful and supporting clients to make changes where desired.

Course Aims

At the end of the two days participants will understand how and why VIG works, will be able to describe the principles of attuned communication. Participants will also be able to take their new awareness of initiatives and reception and other principles of attuned interactions into their professional observations of parent-child or teacher-student communication. Having seen themselves on video and experienced supportive feedback about their communication style from peers, participants will also be able to describe their own strengths in communication with clients and identify for themselves a working point or goal for change in communication. Participants will also have practice in using a camcorder and downloading video on to a laptop or using tablets (e.g. iPad).

Many people taking up VIG book the first 7 supervisions and one accreditation session (£640) which will take place over 6 months at a time and venue to suit. Some buy the whole training (see VIG information sheet). It is possible to attend the course on its own and then decide whether to continue with supervision.

Participants will also gain access to the SPINLINK intranet site for VIG training materials and research articles once enrolled on the course. The fee for this is included in the course fee and will be valid for the time of the VIG training.

Course Outline

The 2 day training course will provide an introduction to what Video Interaction Guidance UK™ is and its theoretical origins. It will also offer illustrations of clips used by guiders with clients and an introduction to the framework for micro-analysis of attuned and non-attuned interaction based on the work of developmental psychologist Colwyn Trevarthen. The ratio of trainers to participants will be roughly 1:4, to allow close support to the small group skills based-practice sessions that participants will engage in on both days.

Applying for the course

See overleaf for an application form, or contact:

Laura Othen | Business Support Officer
NSCAP Bevan House, 34-36 Springwell Road Leeds
LS12 1AW

laura.often@nhs.net
Telephone 0113 305 8750 Fax 0113 244 0966

Who is this for?

This two day course provides introductory training in the approach of Video Interaction Guidance UK™ for professionals who work with parents and carers who are experiencing difficulties in communication with their children and wish to develop better relationships with them. VIG is also relevant to staff who work with children and young people in special education or care settings and for staff in higher education who support others in teaching and supervision skills.

Where and how has VIG been used?

VIG UK™ has been used by a wide range of staff including educational and clinical psychologists, social workers, CAMHS workers, health visitors, residential care staff, speech and language therapists, children's centre workers and peripatetic teachers in early years and special education settings. It has often been used in situations where communication and relationships between adults and children or young people have almost completely broken down as well as in situations in which good communication has been slow to develop. There is a developing evidence base for the effectiveness of VIG UK™ in promoting change in families where a history of professional input has failed to lead to change.

About the trainers

Hilary Kennedy is an educational psychologist and developer of Video Interaction Guidance (VIG) in the UK..” She is currently is a freelance VIG trainer working on projects around the UK including the Family Drug and Alcohol Court, Camden, Tower Hamlets safeguarding, NSPCC Neglect, Czech republic, Finland and Mexico.

She is also an honorary senior lecturer at University College London, an associate fellow of the British Psychological Society

and is involved in supporting research in the effectiveness of VIG as an intervention. She was awarded the 2013 BPS Distinguished Contribution award to Educational and Child Psychology for the development of Video Interaction Guidance.

Helen Gibson is a Systemic Psychotherapist and Supervisor and Video Interaction Guider Supervisor and Trainer. She has many years of experience working with children and families and using VIG as an intervention.

Her current focus is on training in-patient staff groups using Video Enhanced Reflective Practice (VERP) that is based on the same principles and has originated from VIG.

The aim is to support staff groups to optimise their communication and therapeutic relationships with their client group. She also works as a freelance VIG trainer and supervisor.

Venue & Cost

£375

This course is likely to be oversubscribed so early application advised. (Maximum of 12 participants)
Fee includes refreshments and lunch.

Northern School of Child & Adolescent Psychotherapy
Bevan House, 34-26 Springwell Road, Leeds, LS12 1AW

Dates

9th & 10th June 2014

Day 1: 9:30am – 17:30pm

Day 2: 9:00am – 16:00pm

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Date: June 9th and 10th 2014

Venue: NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

Cost: £375 (maximum 12 participants)

Personal Details

Title: Name: Occupation:

Email Address:

Address for correspondence:

..... Postcode:

Telephone:

Any Special Requirements:

Course Fees & Cancellation

I enclose a cheque (made payable to Video Interaction Guidance UK) for £375

Please invoice my organisation for £375

Contact Name & Address for Invoice:

(NB: Contact details MUST be your organisation's/NHS Trust's Finance Department, NOT your place of work.)

Name: Job Title:

Organisation:

Address: Postcode:

..... Purchase Order No:

Telephone: (if required)

Cancellation Charges:

All cancellations are subject to an administration charge of 10% of the course fee.

Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

This form should be returned to:

The Course Administrator

Northern School of Child and Adolescent Psychotherapy
Bevan House, 34-36 Springwell Road,
Leeds, LS12 1AW

Fax: 0113 244 0966

Telephone: 0113 305 8750



Terms & Conditions

1.0 Payment Methods

1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Video Interaction Guidance UK.

1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.

1.3 Please contact the Course Administrator on 0113 305 8750 with any queries about payment.

1.4 Places cannot be confirmed until receipt of payment.

2.0 Availability

2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

3.0 Confirmation of Reservations

3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.

3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

4.0 Reservation & Cancellation Policy

4.1 All cancellations are subject to an administration charge of 10% of the course fee.

4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

5.0 Further Information

5.1 For further information about all our future events and activities, visit www.nscap.org.uk, email nscap.lypft@nhs.net or call 0113 305 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box