NHS
Northern School
of Child and Adolescent Psychotherapy

"Inspiring on a professional but also personal level. Extremely relevant to my area of work. Feel it has given me the basis of a deeper understanding of some of the cases and clients we work with."

Courses & Training

What is it
Saturday seminars and optional skills-based workshops

When is it
October 2017 - July 2018

Where is it
Northern School of Child and Adolescent Psychotherapy

Bevan House, 34-36 Springwell Road
Leeds LS12 1AW

What does it cost
Full series of 10 seminars: £395
Individual seminars: £45

3x optional skills-based TCA workshops: £60*

(*When booked with Personality Development Seminars 5,6 and 7 or full series.)

Personality Development Across the Life Cycle - A Psychoanalytic Approach

Course outline

Personality Development Seminars:

Informed by psychoanalytic thinking, this course provides a detailed and in depth introduction to the key developmental factors and unconscious processes involved in the emotional life of the child and family from before birth through to old age.

Each seminar is led by an experienced clinician and includes a variety of teaching methods: lecture, presentation, group discussion and small group work, using mediums such as poetry, children's literature and film to convey psychoanalytic concepts in an accessible way.

Participants are welcome to attend selected seminars, however, as the course highlights the impact on later development of earlier emotional experiences, the course will be most meaningful if the entire series is attended.

Therapeutic Communication with Adolescents (TCA) workshops:

Three 2-hour optional skills-based workshops, run alongside the puberty, adolescence and late adolescence seminars (seminars 5, 6 and 7), in which skills are demonstrated and practised that allow participants to use psychoanalytically informed active-containment alongside existing skills. Further information can be found in the leaflet "Therapeutic Communication with Adolescents."

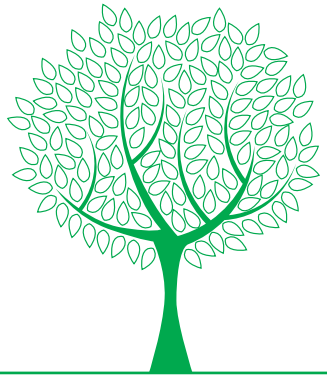
Learning outcomes

Participants in the Personality Development Seminars are invited to think about the interplay of internal and external factors which underlie the development of personality.

This course explores the complex emotional tasks and accompanying states of mind involved in the different stages of development, from before birth through to old age. Past attendees refer to this course as an informative and stimulating learning experience.

Continued on the next page...

Personality Development Across the Life Cycle - A Psychoanalytic Approach



Learning outcomes (continued)

The TCA workshops provide information to support understanding of the differing needs of young people, and how to work with them, across the stages of adolescent development.

Certificates for CPD will be issued

Who should attend

Whilst this course is highly relevant for all professionals working with infants, children, adolescents and adults, it is also recommended for those who are interested in simply learning about how we become who we are.

Cost

Full series of ten seminars: £395 Individual seminars: £45
3 TCA workshops: £60 (if booked with full series or Seminars 5, 6 & 7). Lunch is provided.

Course lead

Dr. Rajni Sharma, Child & Adolescent Psychotherapist,Programme Lead for Masters in Psychoanalytic Observational Studies.

Dates

Personality Development Seminars plus 3x optional TCA workshops

2017

1. 7th Oct - **Pregnancy and birth:** where does personality begin?
2. 11th Nov - **Babyhood:** becoming a person in the family
3. 2nd Dec - **Young children:** the family and the wider world

2018

4. 13th Jan - **Latency:** going to school
5. 10th Feb - **Puberty:** anxieties about growing up
   TCA workshop: Change and Anxiety
6. 10th Mar - **Adolescence:** the search for identity
   TCA workshop: Risks and Groups
7. 14th Apr - **Late adolescence:** the transition to young adult life
   TCA workshop: Leaving and Mourning
8. 12th May - **Adulthood:** what does it mean to 'grow up'?
9. 9th Jun - **Middle age:** when are we middle aged?
10. 7th Jul - **Older age**: the beginning of the end?

Times

Personality Development Seminars Saturdays 11.30am – 3.00pm
Personality Development Seminars and TCA Workshops Saturdays 11.30am – 5.00pm

Venue

Northern School of Child & Adolescent Psychotherapy
Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

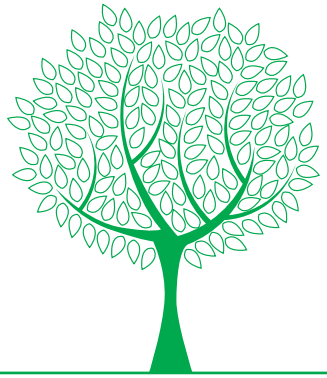
Applying for the course

See following page for an application form, or contact:
Mirriam Maganga - Business and Training Support Officer
NSCAP Bevan House, 34-36 Springwell Road, Leeds LS12 1AW
Email: mmaganga@nhs.net
Telephone: 0113 855 8750 Fax: 0113 244 0966

Application Form

Personality Development Across the Life Cycle - A Psychoanalytic Approach

October 2017 - July 2018



Personal details

Title: ..... Name: .....

Occupation: .....

Email address: .....

Address for correspondence: .....

.....

Postcode: .....

Telephone: .....

Any special requirements: .....

Payment & Invoice details

☐ I wish to attend the series of 10 Personality Development Seminars: £395

☐ I wish to attend 3 TCA workshops: £60 (when booked with Adolescent Personality Development Seminars 5, 6 and 7 or full series)

☐ I wish to attend the following individual Personality Development Seminars:

	2017	Date	Cost
☐	1. Pregnancy and birth: where does personality begin?	7th Oct	£45
☐	2. Babyhood: becoming a person in the family	11th Nov	£45
☐	3. Young children: the family and the wider world	2nd Dec	£45
	2018		
☐	4. Latency: going to school	13th Jan	£45
☐	5. Puberty: anxieties about growing	10th Feb	£45
☐	6. Adolescence: the search for identity	10th Mar	£45
☐	7. Late adolescence: the transition to young adult life	14th Apr	£45
☐	8. Adulthood	12th May	£45
☐	9. Middle age	9th June	£45
☐	10. Older age	7th July	£45

☐ I enclose a cheque (made payable to Leeds & York Partnership NHS Foundation Trust) for £ .....

☐ Please invoice my organisation for £ .....

Application Form

Personality Development
Across the Life Cycle -
A Psychoanalytic Approach

October 2017 - July 2018

Payment & Invoice details (continued)

NB: Organisation contact details MUST be correct for invoicing, ie NOT your place of work.

Name: .....

Job title: .....

Organisation: .....

Address: .....

.....

..... Postcode: .....

Telephone: ..... (if required)

Purchase order No: .....

Cancellation charges

All cancellations are subject to an administration charge of 10% of the course fee.

Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

This form should be returned to

Business and Training Support Officer
Northern School of Child and Adolescent Psychotherapy
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW
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Fax: 0113 244 0966 Telephone: 0113 855 8750

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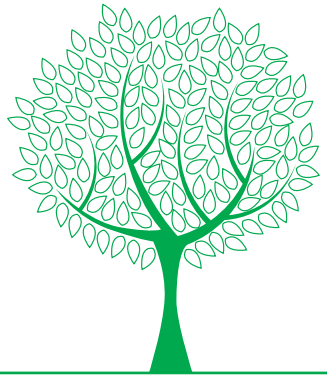

Terms & Conditions

1.0 Payment Methods

1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds and York Partnership NHS Foundation Trust.

1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.

1.3 Please contact the Course Administrator on 0113 855 8750 with any queries about payment.

1.4 Places cannot be confirmed until receipt of payment.

2.0 Availability

2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

3.0 Confirmation of Reservations

3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.

3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

4.0 Reservation & Cancellation Policy

4.1 All cancellations are subject to an administration charge of 10% of the course fee.

4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

5.0 Further Information

5.1 For further information about all our future events and activities, visit www.nscap.org.uk, email nscap.lypft@nhs.net or call 0113 855 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box ☐