

## MASTERS/POST-GRADUATE DIPLOMA IN PSYCHOANALYTIC OBSERVATIONAL STUDIES

**The Masters/Post-Graduate Diploma programme in Psychoanalytic Observational Studies in Leeds is provided by the Northern School of Child and Adolescent Psychotherapy (NSCAP) and accredited by the University of Leeds.**

### ABOUT THE COURSE

The course is designed to help people deepen their understanding and awareness of human development and interaction and to help participants to think about their work from a psychoanalytic perspective. The course is relevant to teachers, psychologists, child and adolescent psychiatrists, social workers, occupational therapists, nurses and allied professional disciplines including those working in adult mental health services. The course offers participants the opportunity to develop observational skills within a psychoanalytic framework and to apply this in their professional work.

Completion of the course is a pre-requisite for those wishing to apply for the clinical training in child and adolescent psychotherapy. Alternatively, students may wish to undertake individual modules of the course as an introduction to the subject area or as an aspect of their continuing professional development.

### COURSE STRUCTURE

This is a part-time course with teaching taking place one day a week in mainly small-group seminars. The course day is currently on a Friday. The programme is designed to give students flexibility to complete the modules over a period of time appropriate to their personal and professional development and to fit in with their work and other commitments. The majority of students usually take 3 to 4 years to complete the Post-Graduate Diploma and 3-5 years to complete the Masters. The minimum period to complete the Post-Graduate Diploma is 2 years and 3 years for the Masters. It is also possible to undertake individual modules without registering for either qualification. In all circumstances Infant Observation and Work Discussion must be taken together.

The programme content can be broadly divided into two areas:

- The close observation of infants and young children in their home or care setting together with the opportunity to reflect on and discuss this observational experience in a small-group setting facilitated by experienced child and adolescent psychotherapists. These groups provide opportunities also to reflect on the student's work setting.
- A series of seminars and tutorials enabling the student to become familiar with a large body of theoretical knowledge concerning child development, psychoanalytic theory and child development research including basic research methodology.

## OUTLINE OF MODULES

<b>Module</b>	<b>Frequency and duration</b>	<b>Credits</b>
Infant Observation	Weekly for 2 Years	40
Work Discussion	Weekly for 2 Years	40
Young Child Observation	Weekly for 1 Year	20
Psychoanalytic Theory	Fortnightly for 2 Years	20
Personality Development Series	7 seminars	<i>Included in Theory</i>
Introduction to Child Development Research	Fortnightly for 1 Year	15
<b>Postgraduate Diploma</b>	<b>Min 2 years, Max 5 years</b>	<b>120</b>
Dissertation	Seminars and supervision	60
<b>Masters</b>	<b>Min 3 years, Max 5 years</b>	<b>180</b>

### Infant Observation

Students are required to observe weekly, for an hour, over a period of two years, babies growing up in their families, from birth onwards. Students will be advised and supported about how to find an infant to observe. Every observation is to be written up afterwards. Discussion takes place in small group seminars, (no more than 5/6 students per group) and this centres around the students' written reports of their observational experience. Seminars run on a weekly basis for 1<sup>1/4</sup> hours duration.

### Work Discussion

This seminar runs concurrently with Infant Observation. The experience of work is studied through close observation of the behaviour and the emotional responses of both worker and clients/patients. The observational stance is therefore carried over into the study of professional interaction.

Students bring detailed accounts of their work, from their varied professional contexts. Attention will be paid to the worker's settings, including the expectations and the pressures of the institution in which they work, the experience of teamwork, and the worker's own role within the team, with particular situations.

### Young Child Observation

Students are required to observe weekly a young child (under five years old) in his/her family setting or day care. Discussion in the seminar centres around the students' written reports.

The aim of the seminar is to sharpen observational skills; to enrich knowledge of child development through direct experience. This is particularly in relation to a young child's

widening social experience and development of language - verbal and non-verbal communications with each other and with adults.

## Psychoanalytic Theory

This 2 year module consists of fortnightly seminars which aim to give students a critical understanding of the chronological development of psychoanalytic theory using a range of primary texts in psychoanalysis and to relate this to their work experience, and to their observational studies. The seminars are conducted as a group discussion of the text. This module essentially tracks in detail the historical development of psychoanalytic thinking.

## Introduction to Child Development Research

This is a fortnightly reading seminar over one year that aims to give a critical and sophisticated understanding of research concepts and techniques of classical and contemporary theories in child development. The seminars take the form of didactic teaching and group discussion. Students are given papers or texts to read in preparation for each seminar.

## Personality Development

This course takes the form of seven Saturday workshop style meetings. This is led by an experienced Child Psychotherapist and the format includes a lecture presentation and a group discussion at which participants may be invited to bring professional clinical material from their work place.

Students will be invited to think about the interplay of internal and external factors which underlie the development of personality through the life-cycle: i.e. infancy, young child, latency, adolescence and adulthood.

## Dissertation

Students going on to complete the Masters will be required, to complete a dissertation of 15,000 words maximum. The topic for this dissertation may arise from any of the major components of the course, though most students will choose to develop either an observation study or a work based topic.

## PROGRAMME STAFF

**The programme teaching staff are qualified Child and Adolescent Psychotherapists with honorary lecturer status at the University of Leeds.**

<b><i>Programme Manager</i></b>	<b><i>Seminar Leaders</i></b>
<ul style="list-style-type: none"><li>Rajni Sharma</li></ul>	<ul style="list-style-type: none"><li>Sandra Fentiman</li></ul>
<b><i>University Moderator</i></b>	<ul style="list-style-type: none"><li>Karl Huntbach</li></ul>
<ul style="list-style-type: none"><li>Alistair Cardno</li></ul>	<ul style="list-style-type: none"><li>Mary Lindley</li></ul>
<b><i>Academic Services Officer</i></b>	<ul style="list-style-type: none"><li>Deborah Marks</li></ul>
<ul style="list-style-type: none"><li>Amy Deakes</li></ul>	<ul style="list-style-type: none"><li>Susie Payne</li></ul>
<b><i>Course Administrator</i></b>	<ul style="list-style-type: none"><li>Rajni Sharma</li></ul>
<ul style="list-style-type: none"><li>Angela Hemingway</li></ul>	

## COURSE FEES

All students pay an annual registration fee of £363 and then a further £363 per year for each module taken, including the dissertation module. Therefore a student undertaking four modules at once would pay £1,815 for the year. A student taking two modules at once would pay £1,089 for the year. In addition there is a separate fee of £260 for the series of Personality Development seminars which some students will have undertaken before registering for the programme.

Example of course fees

Year	Registration Fee	Annual Module Fee	Total Fee
1	£363	2x£363	<b>£1,089</b>
2	£363	3x£363	<b>£1,452</b>
3	£363	3X£363	<b>£1,452</b>
Personality Development Seminars			<b>£260</b>
<b>Total for PG Dip over 3 years</b>			<b>£4,253</b>

NSCAP operates a small bursary scheme that is designed to support a limited number of students for whom payment of the full fees may cause hardship. The bursary award is normally a reduction of fees by 25% or 50%. Application forms for the bursary will be made available to all candidates on request. The closing date for bursary applications is 6<sup>th</sup> July 2012.

Further Information can be obtained from:

The Course Administrator  
Northern School of Child and Adolescent Psychotherapy  
Bevan House  
34-36 Springwell Road  
Leeds LS12 1AW

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Email: [nscap.lpft@nhs.net](mailto:nscap.lpft@nhs.net)  
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