

**INVITATION TO A DISCUSSION IN LEEDS**  
**HOSTED BY NSCAP AND THE CASSEL FAMILIES SERVICE**

## **CARE PATHWAYS**

### **FOR FAMILIES WITH COMPLEX NEEDS**

**We cordially invite you to participate** in a discussion about how best to address the needs of families with complex mental health difficulties in the North of England and the Midlands. Such families, often with a multitude of social and mental health issues, currently cause considerable concern to a variety of different services. However, much remains unknown about how effective various services are in dealing with them. Courts, social services, CAMHS and adult mental health services can become involved at any one point of disturbance, but having effective interventions can be very difficult.

Adolescent mothers, some of whom may have an emerging personality disorder, as well as adult parents with more established disorders, can cause considerable stress and strain to those trying to work with them.

The discussion will be led by staff from the Cassel Families Service which has built up extensive experience of assessing and treating such families, as well as in helping professionals to understand the nature of the problems encountered. The Cassel is an NHS national specialist service for the assessment and treatment of adults, young people and families with intractable personality and family problems though currently it is only occasionally used by professionals, including the courts, in the North and in the Midlands.

The meeting will be a chance for practitioners and commissioners to come together to discuss how to manage families with complex needs locally and regionally including where the Cassel may be able to use its services, training and research expertise to support care pathways.

To confirm your place please email your details  
to [nscap@leedspft.nhs.uk](mailto:nscap@leedspft.nhs.uk) or telephone **0113 3058750**

**Tuesday 16<sup>th</sup> February 2010 from 10.30am to 2.00pm (lunch provided)**  
**Venue: NSCAP Bevan House 34-36 Springwell Road Leeds LS12 1AW**

**NSCAP** is the north of England NHS centre for psychoanalytic psychotherapy training for professionals working with children, young people and their families and is part of the Leeds Partnerships NHS Foundation Trust.