

POSTGRADUATE DIPLOMA/MA IN
Foundation Course in Psychodynamic
Psychotherapy

PART ONE: QUALIFYING COURSE IN PSYCHODYNAMIC PSYCHOTHERAPY

**TRAINING
PROGRAMMES**

OCTOBER 2010

*This programme is also delivered in
Leeds, through collaboration with Leeds
Partnerships NHS Foundation Trust*

Ref. D58L



The Tavistock and Portman NHS Foundation Trust is pleased to offer one of its long established training courses in The Foundations of Psychoanalytic Psychotherapy to mental health professionals in Leeds. This new development has been made possible through collaboration with Leeds Partnerships NHS Foundation Trust.

This 2 - 3 year training programme presents an important opportunity for health service, statutory service, and voluntary service workers to gain an initial training in psychoanalytic psychotherapy.

This course is for you if you work in the helping professions and want to begin to train as a psychotherapist using psychoanalytic principles.

This involves being aware of the unconscious communications of the patient and in particular the developing relationship between therapist and patient.

If you successfully complete the two years of the Foundation course, you can progress on to the Inter-cultural Psychodynamic Psychotherapy: Part Two: Qualifying course in psychodynamic psychotherapy (ref. D59). From this, it is possible follow the Advanced Training in Psychoanalytic Psychotherapy (M1) which is a high level qualification in intensive psychotherapy.

So while some of you may wish to simply take the Foundation Course to enhance your work, for others this may be the beginning of an escalator to a full training.

Aims

The aim of the course is to introduce and stimulate interest in a psychoanalytic way of thinking about clinical work. It also provides students with an opportunity to explore whether they may wish to pursue further training in psychoanalytic psychotherapy or psychoanalysis. The course is suitable for psychiatrists, psychologists, social workers, nurses and others who have a special interest in psychotherapy. Students should work in the NHS or related public organisations and be in a position to see at least one patient in long-term psychotherapy. Students who do not have a work setting appropriate for seeing a patient in psychotherapy should discuss this with course staff who may be able to find a suitable clinical placement.

Students should be in personal psychotherapy or intending to embark on this. Those who are uncertain about undertaking personal therapy but would nevertheless be interested in attending the course are invited to come and discuss their situation, well in advance of application.

Time commitment

The programme consists of 3 components on a weekly basis, over the 3 academic terms of each year. This is in addition to seeing patients and attending personal therapy, neither of which activities conform to our academic terms. The course takes place on a Wednesday and requires a commitment of 2 - 3 years.

Students who successfully complete the first two years are eligible for a Postgraduate Diploma and can write a dissertation for an MA in the third year. After two years successful students are also eligible to apply for a further two year Inter-cultural Psychodynamic Psychotherapy: Part Two: Qualifying course in psychodynamic psychotherapy (ref. D59)

Organising tutor in Leeds

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FURTHER INFORMATION

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