

# **INTRODUCTORY COURSE IN THE APPLICATIONS OF CHILD AND ADOLESCENT PSYCHOTHERAPY**

**Durham: 5th March to 2nd July 2010**

This programme of 13 weekly seminars is a joint development between Tees, Esk and Wear Valleys NHS Foundation Trust and the Northern School of Child and Adolescent Psychotherapy (NSCAP) which is the north of England NHS centre for psychoanalytic psychotherapy training. The design of the course draws on NSCAP's extensive experience of providing similar programmes for CAMHS workers and other professionals.

The focus of this programme is on the practical applications of child and adolescent psychotherapy to the work of a wide range of professionals working with children, young people and their families.

## Learning Outcomes

The aim of the course is to provide an understanding of the nature of psychoanalytic thinking and its application to work with children, young people and their families. It will also be a chance for participants to think about their own work from a psychoanalytic perspective which can be a helpful contribution to the often complex and challenging work encountered in child mental health settings.

## Course Structure

The course is structured around the development of major themes in contemporary practice. These include concepts that underpin the work of child psychotherapy but are relevant to everyone working with children and young people.

**The structure is 13 weekly seminars in the following format:**

- 1¼ hours reading seminar/lecture – opportunity to study a selection of key contemporary texts in child development, psychoanalytic concepts and psycho-therapeutic practice across a range of themes.
- 1¼ hours work discussion group – opportunity to think with Child Psychotherapists about how some of the concepts they encounter in the literature relate to their daily practice.

### Course leaders:

Jacky Bone, Child and Adolescent Psychotherapist, Durham CAMHS,

Sue Davis, Child and Adolescent Psychotherapist, Sunderland CAMHS

**Venue:** Lanchester Road Hospital, Durham

**Dates:** 5th March to 2nd July 2010

**Times:** Fridays 1:30 - 4:30  
Including 30 minute break.

**Cost:** £325

## Course Outline

### Week 1 - Fri 5th March 2010

Introduction to core concepts and models of course delivery

### THEME ONE PERSONALITY DEVELOPMENT

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### Week 2 - Fri 12th March 2010

Ordinary development in infancy, latency and adolescence

### Week 3 - Fri 19th March 2010

Pathological development: what can go wrong?

### Week 4 - Fri 26th March 2010

Neurobiology and psychoanalytic thinking

### THEME TWO INFANT MENTAL HEALTH AND TRAJECTORIES OF DEVELOPMENT

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### Week 5 - Fri 16th April 2010

Infant observation, working with under-fives and parent-infant work

### Week 6 - Fri 7th May 2010

Family and parent/carer work and therapeutic communication with young children

### THEME THREE THEORETICAL UNDERPINNINGS AND KEY CONCEPTS IN PRACTICE

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### Week 7 - Fri 14th May 2010

Unconscious, transference and countertransference.

### THEME FOUR EMOTIONAL WELL-BEING, BEHAVIOUR AND LEARNING

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### Week 8 - Fri 21st May 2010

Children with learning disabilities, developmental delay and autism

### Week 9 - Fri 28th May 2010

Behavioural problems, conduct disorder and difficulties in adolescence

### THEME FIVE INSTITUTIONAL AND ORGANISATIONAL DYNAMICS

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### Week 10 - Fri 4th June 2010

Working with Looked After Children and their networks

### Week 11 - Fri 18th June 2010

Organisational defenses against anxiety, authority and role, working with diversity and cultural competence

### Week 12 - Fri 25th June 2010

Working therapeutically in schools

### THEME SIX ENDINGS

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### Week 13 - Fri 2nd July 2010

Managing transition, mourning and loss

# Introductory Course in the Applications of Child and Adolescent Psychotherapy

## Personal Details:

Title: ..... Name: .....

Occupation: .....

Address for correspondence: .....

Postcode: ..... Telephone: .....

Email address: .....

Any Special Requirements: .....

I enclose a cheque (made payable to Leeds Partnerships NHS Foundation Trust) for £ .....

Please invoice my organisation for £ .....

## Contact Name and Address for Invoice:

Name: .....

Job Title: .....

Organisation: .....

Address: .....

Telephone No. ....

Purchase Order No. ....

## This form should be returned to:

The Course Administrator, Northern School of Child and Adolescent Psychotherapy  
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW

Fax: 0113 2440966

# TERMS AND CONDITIONS

## 1. PAYMENT METHODS

1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make your cheque payable to Leeds Partnerships NHS Foundation Trust.

1.2 If your organisation has agreed to fund your place on the course, please provide a purchase order number and invoicing details: name, job title, organisation, address and telephone number.

1.3 Please contact the Course administrator on 0113 305 8750 with any queries about payment.

1.4 Places cannot be confirmed until receipt of payment.

## 2. AVAILABILITY

2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

## 3. CONFIRMATION OF RESERVATIONS

3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.

3.2 Please ensure you provide an up-to-date email address as any details of final changes to the event will be emailed to your account. Please therefore remember to check your email account prior to the start of the event to ensure you are informed of such changes.

## 4. RESERVATION & CANCELLATION POLICY

4.1 Cancellations before the event will be subject to a 20% administration fee, and no refunds can be made for failure to attend the event. However, a substitute delegate may be welcomed in your place at any time.

## 5. FURTHER INFORMATION

5.1 For further information about all our future events and activities, visit [www.nscap.org.uk](http://www.nscap.org.uk), email [nscap@leedspft.nhs.uk](mailto:nscap@leedspft.nhs.uk) or call 0113 305 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box

