



## WORKING THERAPEUTICALLY WITH YOUNG PEOPLE

*NOW VALIDATED BY  
UEL/TAVISTOCK CLINIC as a  
PGCert/PGDip/MA Programme*

In 2008 NSCAP successfully launched a one-year postgraduate level course aimed at those working with adolescents in a range of settings. *In July 2009 this Leeds-based course was validated by the Tavistock/Uel as part of a 3-year MA programme 'Psychodynamic Approaches to Working with Adolescents'. PLACES ARE STILL AVAILABLE.*

### About the course

Using a psychoanalytic framework applied to their professional role, students will be helped to develop their capacity to understand and respond to the emotional communications of the young people in their care. The course will provide an opportunity for students to develop their understanding of the emotional demands of adolescence and the impact on workers, groups and institutions. It will help to equip professionals to develop their skills in self-reflective practice, in making use of their awareness of unconscious processes, and in applying psychoanalytic concepts to their understanding of work with young people and in teams and institutions.

### Who is the course for?

Professionals currently working with young people in roles across the health, education and social care sectors. Students will be selected on the basis of application forms, references and interview.

### Course fees

- The cost of the course is £1,250 per annum
- This programme is supported by NHS Yorkshire and the Humber

### Course structure

This is a part-time course taking place over three 10-week terms on one half-day a week (Wednesday 4:30 – 7:00pm) in small-group seminars. There are two strands to the first year of the course:

- a weekly lecture and reading seminar for the whole student group focussing on core psychoanalytic concepts and perspectives on adolescent development
- smaller Work Discussion groups in which students bring detailed material relating to their own work settings, to be discussed from a psychoanalytic perspective

All tutors on the course are either Child and Adolescent Psychotherapists or Psychoanalytic Psychotherapists working with young adults. NSCAP has active academic links with the Tavistock Clinic/Uel, and there will be opportunities during the year for teaching events involving visiting staff from the Tavistock Clinic.

#### Further information and an application form can be obtained from:

The Course Administrator  
Northern School of Child and Adolescent  
Psychotherapy  
Bevan House, 34-36 Springwell Road  
Leeds LS12 1AW  
Tel: 0113 3058750  
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