

WORKING THERAPEUTICALLY WITH YOUNG PEOPLE

A One Year Postgraduate Programme in Leeds

From September 2008 NSCAP is launching a year-long postgraduate level course aimed at those working with adolescents across a range of settings. Validation of this programme as a Postgraduate Certificate, and a subsequent Postgraduate Diploma/MA, will take place during 2008 -2009.

ABOUT THE COURSE

Using a psychoanalytic framework applied to their professional role, students will be helped to develop their capacity to understand and respond to the emotional communications of the young people in their care. The course will provide an opportunity for students to develop their understanding of the emotional demands of adolescence and the impact on workers, groups and institutions. Although this is not a clinical training in providing therapy, it will help to equip professionals to develop their skills in self-reflective practice, in making use of their awareness of unconscious processes, and in applying psychoanalytic concepts to their understanding of work with young people and in teams and institutions.

COURSE STRUCTURE

This is a part-time course taking place over three 10-week terms on one half-day a week (Wednesday 4:30 – 7:00pm) in small-group seminars. There are two strands to this first year of the course:

- a weekly lecture and reading seminar for the whole student group focussing on core psychoanalytic concepts and perspectives on adolescent development
- smaller Work Discussion groups in which students will bring detailed material relating to their own work settings, to be discussed from a psychoanalytic perspective

All tutors on the course are either Child and Adolescent Psychotherapists or Psychoanalytic Psychotherapists working with young adults. NSCAP has active academic links with the Tavistock Clinic/UEL, and there will be opportunities during the year for teaching events involving visiting staff from the Tavistock Clinic.

WHO IS THE COURSE FOR?

Professionals currently working with young people in roles across the health, education and social care sectors. Students will be selected on the basis of application forms, references and interview.

COURSE FEES

The cost of the course is £1,250 for the first year. This programme is supported by the NHS Yorkshire and the Humber.

The organising tutor is Lydia Hartland Rowe, Clinical Director, NSCAP

Further information and an application form can be obtained from:

The Course Administrator
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**For further information
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