

“this course contrasted startlingly to other types of training in its approach/content - very refreshing”



## Courses & Training

### What is it

A three-day non-residential group relations conference

### When is it

Monday 6th to Wednesday 8th  
April 2020

### Where is it

NSCAP, Bevan House, 34-36  
Springwell Road, Leeds LS12 1AW

### What does it cost

Fee: £575

Early bird: £490

(Apply before 17th January 2020)

NSCAP Students: £490



## ‘Fit for Purpose’

Creativity and innovation or  
rules and regulations?

### Conference outline

This is an experiential 3 day event intended for anyone wishing to develop their understanding of professional relationships in group and organisational life. Conference activities explore issues such as power and authority, and individual and professional identity.

Conference Director: Maxine Dennis    Associate Director: Simon Tucker

### Conference format

Learning through direct experiences is a central aspect of Group Relations. This is achieved through the creation of a temporary organisation which facilitates participants’ exploration of the opportunities and limitations of taking up a role in the process of working to a task.

The conference format offers a range of experiences for participants to navigate which, whilst being both challenging and sometimes uncomfortable, are highly rewarding and enable learning at a deeper level. A previous participant commented;

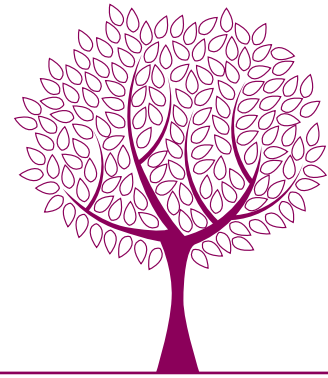
*‘Being uncomfortable is tolerable and I can cope. I can be honest without being aggressive. It’s OK to be myself within a group. I don’t need to conform. Being nice isn’t always helpful. Hold the group in mind more.’*

Continued on the next page...

# 'Fit for Purpose'

## Creativity and innovation or rules and regulations?

Group Relations Conference April 2020



### Experiential conference

International, national and local systems are in a state of flux. How can we work effectively under such conditions? How can we question what we take to be the norms of organisational life?

This conference provides an opportunity to discover the potential for collective engagement while recognising and valuing our differences and commonalities.

### Learning aim

To assist participants to explore and understand more fully the complexity of individual and organisational identity in order to apply those insights to their professional practice and working life.

### Learning objectives

Participants will be able to:

- Explore the dynamics of personal, professional, and group identity
- Explore what it means to take up the role of a member of this temporary organisation
- Experiment with ways of engaging with difference (e.g., concerning gender, age, ethnicity, class, sexual orientation, religion)
- Develop capacities for exercising authority, exploring vulnerability and power as necessary components of taking up management and leadership roles
- Consider how organisations are determined by – and contribute to – their cultural, political and economic contexts
- Apply their conference experiences to personal and professional life and to the development of their organisations

**A CPD certificate of attendance is provided on completion.**

### Who should attend

This conference is open to those who work within health and social care, education, the criminal justice system, academia, religion, voluntary and statutory bodies.

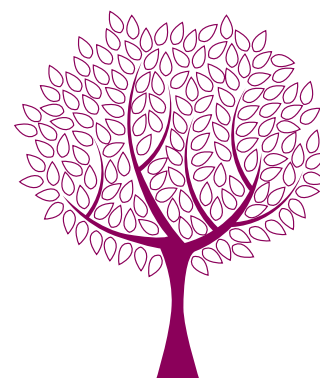
It is recommended for those who have an interest in group dynamics within organisations, and who wish to explore more fully their professional roles, particularly those who are looking to develop their leadership capacity to effect change within complex systems.

If you need further information, or wish to discuss the suitability of the conference to your needs, please contact Sue McCreath; [s.mccreath@nhs.net](mailto:s.mccreath@nhs.net) or 0113 855 8750.

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## Feedback from previous participants

"(I have) a better understanding of myself within groups and real appreciation for the emotional complexities of group dynamics"

"it was an incredibly emotive, challenging experience, but very worthwhile"

"I didn't expect the learning to be so clear.  
That experiential learning can be transformative."

"Lots to learn about authority/leadership/membership. What happens in small and large groups - so much to take away."

"I have found the conference an invaluable learning experience"

## Cost

Fees are kept to a minimum to ensure affordability to as wide a group as possible. The conference consists of three full and substantial days, with predominantly small group learning opportunities with highly experienced consultants. Places are limited to a maximum of 33 participants to ensure a high quality experience.

The price includes free parking, lunch and refreshments each day.

Fee: £575

Early bird: £490 (Apply before 17th January 2020)

NSCAP Students: £490

## Dates and times

Please note that participants are expected to attend the full programme:

Monday 6th April 2020 9.00am – 7.30pm

Tuesday 7th April 2020 9.00am – 7.30pm

Wednesday 8th April 2020 9.00am – 4.30pm

This is a non-residential conference.

## Venue

**Northern School of Child & Adolescent Psychotherapy**  
Bevan House, 34-36 Springwell Road, Leeds, LS12 1AW

## Applying for this GRC

See following page for an application form, or contact:

Short Course Administrator

Email: [nscapadmin.lypft@nhs.net](mailto:nscapadmin.lypft@nhs.net)

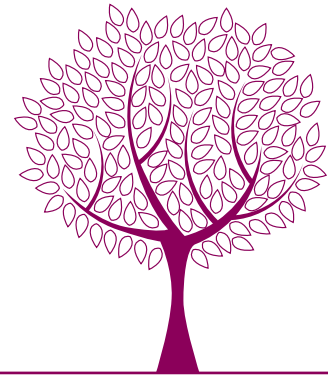
Telephone: 0113 855 8750

# Application Form

## 'Fit for Purpose'

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Group Relations Conference April 2020



### Personal details

Title\*: ..... Name\*: .....

Occupation\*: .....

Email address: .....

Address for correspondence: .....

.....

Postcode: .....

Telephone: .....

Any special requirements: .....

\* Details marked with an asterisk will be shown in the Conference Participants list.

### Work experience and or professional experience

Employing organisation: .....

Please describe your current work role and responsibilities: .....

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Why do you want to apply for this GRC and what do you wish to gain from it?

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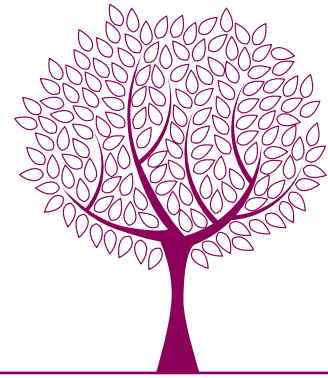
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# Application Form

## 'Fit for Purpose'

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Group Relations Conference April 2020



### Payment & Invoice details

- £490 (Before 17th January 2020)
- £575 (After 17th January 2020)
- £490 (Current NSCAP Student)
  
- I enclose a cheque (made payable to Leeds and York Partnership NHS Foundation Trust) for £ .....
- Please invoice my organisation for £ .....
- I would like to pay by bank transfer  
(payment details to be confirmed in acceptance letter)

NB: Organisation contact details MUST be correct for invoicing,  
ie NOT your place of work.

Name: .....

Job title: .....

Organisation: .....

Address: .....

.....

..... Postcode: .....

Telephone: ..... (if required)

Purchase order No: .....

### Cancellation charges

All cancellations are subject to an administration charge  
of 10% of the course fee.

Cancellations made less than 2 weeks in advance of first  
day are subject to 100% charge.

### This form should be returned to

Short Course Administrator

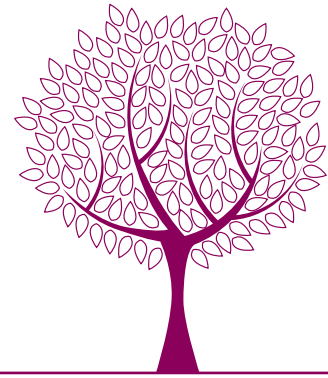
Email: [nscapadmin.lypft@nhs.net](mailto:nscapadmin.lypft@nhs.net) Telephone: 0113 855 8750

# Application Form

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### Terms & Conditions

#### 1.0 Payment Methods

- 1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds and York Partnership NHS Foundation Trust.
- 1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.
- 1.3 Please contact the Course Administrator on 0113 855 8750 with any queries about payment.
- 1.4 Places cannot be confirmed until receipt of payment.

#### 2.0 Availability

- 2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

#### 3.0 Confirmation of Reservations

- 3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.
- 3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

#### 4.0 Reservation & Cancellation Policy

- 4.1 All cancellations are subject to an administration charge of 10% of the course fee.
- 4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

#### 5.0 Further Information

- 5.1 For further information about all our future events and activities, visit [www.nscap.org.uk](http://www.nscap.org.uk), email [nscap.lypft@nhs.net](mailto:nscap.lypft@nhs.net) or call 0113 855 8750.