

Inter-cultural psychodynamic psychotherapy (Leeds)

Professional Qualification & Clinical Training



Course Type
On site

Course Length
2 years part time

Study Attendance
Daytime

Fees
Home/EU £4250
International £8500

Delivered in Leeds, this qualifying course in psychodynamic psychotherapy is accredited by the British Psychoanalytic Council (BPC).

It is delivered within the NHS and will equip you to work in statutory and non-statutory settings and as an independent practitioner. The course has a unique focus on the study of intercultural issues, helping trainees to develop the skills necessary for working in a modern multi-cultural context.

Course outline

Over the two years, as well as twice weekly personal analysis, you will undertake the following:

Year one

Theoretical seminars

Theoretical seminars aim to deepen and enrich your understanding of psychoanalytic theory, with an emphasis on developing a theoretical framework to understand how issues of culture, race, gender and sexuality manifest in clinical work.

Clinical seminars

Clinical seminars involve presenting training cases and

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“This course has been a huge learning curve and I definitely feel better equipped for my future career.”

exploring theoretical, technical and practice issues in the context of clinical work.

Infant observation

Trainees observe an infant in a home setting for one year and make detailed recordings of their experience. These are discussed in weekly small group seminars to explore the conscious and unconscious meanings of the events observed. You will be required to write a paper on your experience of the infant observation.

Year Two

Assessment workshop

The workshop is an opportunity to consider theoretical issues pertinent to the assessment of individuals for psychotherapy, along with issues of clinical technique. Trainees hear presentations of assessment cases from experienced staff and have the opportunity to undertake a supervised assessment of their own if appropriate.

Years one and two

Training cases

Two training cases are seen, once weekly; one for a minimum of 18 months. Two cases will be seen concurrently at the discretion of the first supervisor.

Clinical supervision

Trainees have fortnightly individual supervision for both

their training cases. Supervisors are all senior clinicians registered with the British Psychoanalytic Council.

Personal tutorials

Termly individual tutorials offer an opportunity to reflect on the experience of being a trainee and monitor progress on the course.

Personal psychotherapy

You are required to be in personal psychotherapy at least twice a week with a psychoanalytic psychotherapist registered by the BPC, preferably beginning six months before the course starts and continuing at least until clinical work is completed. The cost of psychotherapy is not included in the course fee and is by private arrangement with the psychotherapist. The course tutor will help you find a suitable vacancy with a psychotherapist if required.

Why study this course with us?

The course is taught in a systematic and rigorous manner by very experienced clinicians in the psychoanalytic psychotherapy field. You will benefit from theoretical and clinical teaching, which is integrated, and will prepare you for high standards in independent clinical practice.

The course provides the second part of a unique training for work in the NHS and public sector.

Who is this course for?

This course is for you if you have had previous training in psychodynamic psychotherapy and have been actively working with patients, under supervision, for at least two years.

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Entry requirements

In order to undertake this course, we ask that you:

- have an initial clinical training equivalent to our foundation course in Psychodynamic psychotherapy
- have at least two years of supervised psychotherapy work with a patient
- have at least two years of weekly personal psychotherapy with a BPC accredited psychoanalytic psychotherapist or psychoanalyst.
- Personal suitability for the work is also an important factor that will be assessed at interview.

Fees and funding

The annual fee for this course is £4560 for Home/EU students and £9120 for International students on a part time basis.

We are happy to offer a range of ways to pay your fees, as well as some funding for specific courses.

Please contact us if you have any questions.

Please note that course fees will increase by 2% each year.

Course delivery

This course will be delivered at NSCAP in Leeds:

Northern School of Child & Adolescent Psychotherapy
Bevan House
34 - 36 Springwell Road
Leeds
LS12 1AW

Find out more

Please visit www.nscap.org.uk/content/psychodynamic-psychotherapy-with-adults

If you have any queries about or wish to discuss this course please contact the Course Organiser in Leeds Dr Sally Beeken on 0113 855 8750 or nscap.lypft@nhs.net.

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