

## Inter-cultural psychodynamic psychotherapy (D59 Leeds)

Professional qualification and clinical training



### Course Type

On site at NSCAP

### Course Length

2 years part time

### Study Attendance

Wednesday

### Course lead

Dr. Sally Beekan

This qualifying course in psychodynamic psychotherapy is validated by the British Psychoanalytic Council (BPC). The course has a particular focus on the study of intercultural issues, helping you to develop the skills necessary for working in a modern multi-cultural context.

### Course outline

This course offers a unique opportunity for you to develop your clinical psychoanalytic skills in the context of inter-cultural psychotherapy. It will provide you with the clinical experience and theoretical framework necessary for working therapeutically in the NHS. You will learn through theoretical seminars, clinical seminars, infant observation, assessment workshops, training cases and theoretical seminars.

### Theory seminars

These will deepen and enrich your understanding of psychoanalytic theory with an emphasis on developing a theoretical framework to understand how issues of culture, race, gender and sexuality manifest in clinical work.

### Clinical seminars

Clinical seminars involve presenting training cases and exploring theoretical, technical and practice issues in the context of intercultural clinical work.

### Infant observation

You will observe an infant in a home setting for one year and make detailed recordings of your experience. These are discussed in weekly small group seminars to explore the conscious and unconscious meanings of the events observed.

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Northern School of Child & Adolescent  
Psychotherapy  
Bevan House  
34-36 Springwell Road  
Leeds, LS12 1AW  
0113 855 8750

“This course has allowed me to achieve my career goal - the supervision from staff was excellent.”

#### Assessment workshop

The workshop is an opportunity to consider theoretical issues relevant to the assessment of individuals for psychotherapy, along with issues of clinical technique. In addition you may have the opportunity to undertake a supervised assessment of your own if appropriate.

#### Training cases

You will see two training cases at a frequency of once a week, one for 18 months and one for 12 months. Clinical placements are available across the northern region. You will have fortnightly individual supervision for both of your training cases. Supervisors are all senior clinicians registered with the British Psychoanalytic Council.

#### Who is this course for?

This course is for you if you have had previous foundation-level training in psychodynamic psychotherapy, have been actively working with patients under supervision for at least one year, have an interest in intercultural work wish to develop your clinical work to the level of a qualified psychotherapist.

#### Why study this course with us?

This course is taught in a systematic and rigorous manner by experienced clinicians in the psychoanalytic psychotherapy field.

You will benefit from integrated theoretical and clinical teaching which will prepare you for high standards in independent clinical practice.

#### Entry requirements

In order to undertake this course, we ask that you have:

- an initial clinical training equivalent to our Foundations of psychodynamic psychotherapy
- at least one year of supervised psychotherapy work with a patient
- at least two years of weekly personal psychotherapy with a BPC accredited psychoanalytic psychotherapist or psychoanalyst
- Personal suitability for the work is also an important factor that will be assessed at interview.

#### Find out more about this course

Visit [www.tavistockandportman/training](http://www.tavistockandportman/training) and search for 'Inter-cultural psychodynamic psychotherapy Leeds' or email [nscap.lypft@nhs.net](mailto:nscap.lypft@nhs.net)

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