

# SIDE BY SIDE

Organizational and clinical consultancy services from the  
Northern School of Child and Adolescent Psychotherapy

SIDE-BY-SIDE is the consultancy service for organizations and professionals working with children, adolescents and families with complex needs.

We work across the North of England, especially in areas that currently have limited or no access to child psychotherapy expertise.

## Developing Children

Children and adolescents with mental health, emotional or behavioural problems require a coherent and consistent response to the difficulties they struggle to manage and the circumstances in which their problems are manifested; whether this is at home, school, in residential or foster care or in specialist services.

Their difficulties can escalate if effective care is not provided soon enough, leading to persistent emotional and psychological problems, long-term disadvantage and increasingly expensive interventions.

## Developing Professionals

Working with children and young people whose needs are complex, severe or enduring can be emotionally demanding. Reports and serious case reviews highlight how this can impact on the ability of individuals and services to work effectively. Our experience is that what helps in these circumstances is a focus on reflective practice, supervision and an in-depth understanding of child development.

This approach can help break the escalating cycle of difficulties that occurs for many children, their families and the professionals who care for them.

We work with you to develop robust solutions to the complex challenges inherent in providing multi-agency services for vulnerable children, young people and for their parents or carers.

## What does Side-by-Side offer?

In all circumstances we would hold an initial meeting to agree individually tailored services appropriate to local needs.

The range of interventions we might offer include:

- Consultative support for service reviews and care pathway developments especially where these span several organizations.
- Organizational and clinical consultation for problematic areas of work with children or families or following a serious case review.
- Network consultation in support of the team-around-the-child where there are disputes or seemingly intractable difficulties.
- Crisis intervention in teams and work situations where there are problems of leadership or communication and mediation is required.
- Individual and group supervision and reflective practice groups for all professions.
- In-house and work-based training on a wide range of topics to suit your needs.
- By negotiation we are able to offer specialist clinical consultations and assessments with children, young people and their families/carers including psychoanalytic state-of-mind assessments

To arrange a **FREE** initial consultation contact:

---

Nick Waggett, Operational Director  
tel: 0113 305 8750 or  
email: [nick.waggett@nhs.net](mailto:nick.waggett@nhs.net)

