



## Courses & Training

### What is it

Morning Study Event

### When is it

Saturday 10 November 2018

### Where is it

St Thomas Centre  
Ardwick Green, Manchester  
M12 6FZ

### What does it cost

£60

Including refreshments  
Limited number of reduced  
cost places for trainees

## Psychoanalytic Perspectives on Eating Disorders

### Event outline

Geraldine Shipton, Fellow of the Institute of Psychoanalysis, author of 'Working with Eating Disorders: A Psychoanalytical Approach, Palgrave (2004), will present her paper 'The Diet of Worms: the struggle with internal tyranny in Eating Disorders. This will be followed by live supervision of a case presentation by Martin Gill.

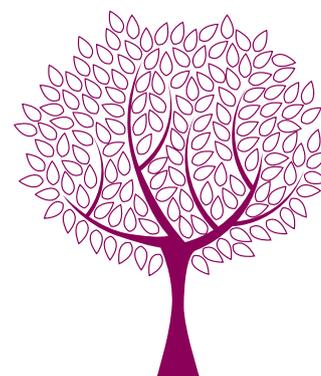
Eating disorders are increasingly prevalent and are part of the wider cultural discourse, they are complex conditions often requiring highly specialised help. Psychoanalytical thinking offers a lens with which these potentially serious and at times fatal conditions can be understood. This morning study event will provide an opportunity to engage in a psychoanalytical conversation on eating disorders.

In addition to the clinical presentation in adults, developmental aspects of eating disorders particularly regarding early feeding relationships and adolescence will be considered.

All NSCAP courses are taught by experienced clinicians skilled in the application of learning to a wide range of settings and situations.

# Psychoanalytic Perspectives on Eating Disorders

Saturday 10 November 2018



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## Aims

- To further participants' understanding of eating disorders from a psychoanalytical point of view
- To participate in a clinical conversation from a psychoanalytical perspective
- To understand how psychoanalytical thinking can contribute to the treatment of eating disorders

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## Who should attend

Child and Adolescent Psychotherapists, Adult Psychotherapists, Psychoanalysts, Psychoanalytic Psychotherapists, Psychodynamic Psychotherapists and other interested mental health professionals.

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## Cost

£60 (limited number of places available at £48 for trainees who can demonstrate that they are on a clinical training)

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## Event speakers

### Geraldine Shipton

A practicing psychoanalyst in Sheffield. A fellow of the British Psychoanalytical Society. A former senior lecturer and director of the Centre for Psychotherapeutic Studies, University of Sheffield. Her previous publications include *Long-Term Counselling* (1998, Sage) and *Supervision of Psychotherapists and Counsellors* (1997, Open University Press).

### Chair - Lynda Ellis

Lynda Ellis is a Psychoanalyst and Consultant Child and Adolescent Psychotherapist. She is Lead Director of the Northern School of Child and Adolescent Psychotherapy (NSCAP), a regional NHS training, clinical and research resource based in Leeds.

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## Organising Group

### Martin Gill

Psychoanalyst, Clinical Lead, Psychotherapist, Eating Disorder Service Greater Manchester NHS Foundation Trust, Organising Tutor D58M (PG Diploma/MA in Psychodynamic Psychotherapy).

### Marion Lindsay

Psychoanalytic Psychotherapist, D58M (PG Diploma/MA in Psychodynamic Psychotherapy) staff member.

### Simon Cregeen

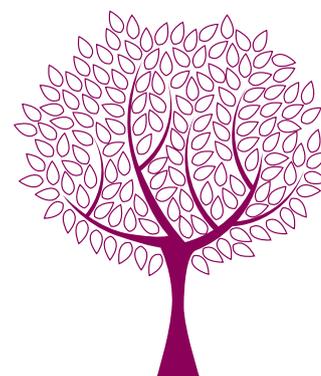
Consultant Child and Adolescent Psychotherapist; Clinical Tutor NSCAP (Child and Adolescent Psychotherapy Clinical Doctorate).

### Lynda Ellis

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# Psychoanalytic Perspectives on Eating Disorders

Saturday 10 November 2018



**Date** 10 November 2018

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**Time** Saturday morning 9.30am - 1.00pm

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**Programme**

9.30	Registration
10.00	Welcome and Introduction, Lynda Ellis
10.10	The Diet of Worms: the struggle with internal tyranny in Eating Disorders, Geraldine Shipton
11.00	Discussion and questions
11.15	Break (tea, coffee and biscuits)
11.35	Live supervision
12.25	Discussion
1.00	Close

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**Venue** St Thomas Centre, Ardwick Green, Manchester M12 6FZ

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**CPD Certificates** CPD Certificates of attendance will be issued

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**Applying for the course** See following page for an application form, or contact:  
Mirriam Maganga - Business and Training Support Officer  
NSCAP Bevan House, 34-36 Springwell Road, Leeds LS12 1AW  
Email: mmaganga@nhs.net  
Telephone: 0113 855 8750 Fax: 0113 244 0966

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**Keeping in Contact** Your personal information will be held on our database and used to process your application.

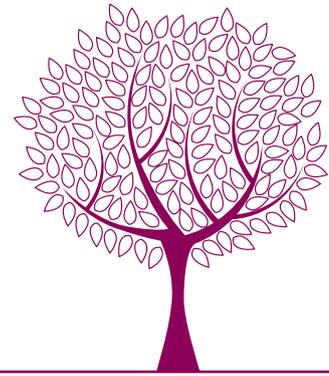
NSCAP would like to keep you informed of other events and activities that we feel are relevant to you. If you are happy for us to do this, please tick this box.

If you do not want to be contacted about other events and activities, please tick this box.

# Application Form

## Psychoanalytic Perspectives on Eating Disorders

Saturday 10 November 2018



### Personal details

Title: ..... Name: .....

Occupation: .....

Email address: .....

Address for correspondence: .....

Postcode: .....

Telephone: .....

Any special requirements: .....

### Professional Qualification/ Training

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.....

### Payment & Invoice details

I wish to attend the morning study event, Psychoanalytic Perspectives on Eating Disorders: £60 (limited number of places available at £48 for trainees who can demonstrate that they are on a clinical training)

I enclose a cheque (made payable to Leeds & York Partnership NHS Foundation Trust) for £ .....

Please invoice my organisation for £ .....

NB: Organisation contact details MUST be correct for invoicing, ie NOT your place of work.

Name: .....

Job title: .....

Organisation: .....

Address: .....

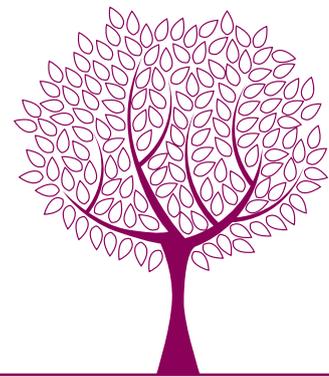
Postcode: .....

Telephone: ..... (if required)

# Application Form

## Psychoanalytic Perspectives on Eating Disorders

Saturday 10 November 2018



### Cancellation charges

All cancellations are subject to an administration charge of 10% of the course fee.

Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

### This form should be returned to

#### Business and Training Support Officer

Northern School of Child and Adolescent Psychotherapy  
Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

Email: [mmaganga@nhs.net](mailto:mmaganga@nhs.net)

Fax: 0113 244 0966 Telephone: 0113 855 8750

### Terms & Conditions

#### 1.0 Payment Methods

- 1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds and York Partnership NHS Foundation Trust.
- 1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.
- 1.3 Please contact the Course Administrator on 0113 855 8750 with any queries about payment.
- 1.4 Places cannot be confirmed until receipt of payment.

#### 2.0 Availability

- 2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

#### 3.0 Confirmation of Reservations

- 3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.
- 3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

#### 4.0 Reservation & Cancellation Policy

- 4.1 All cancellations are subject to an administration charge of 10% of the course fee.
- 4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

#### 5.0 Further Information

- 5.1 For further information about all our future events and activities, visit [www.nscap.org.uk](http://www.nscap.org.uk), email [nscap.lypft@nhs.net](mailto:nscap.lypft@nhs.net) or call 0113 855 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box