



## Courses & Training

### What is it

Study Event

### When is it

Saturday 7 March 2020

### Where is it

St Thomas Centre  
Ardwick Green North  
Manchester M12 6FZ

### What does it cost

£65  
(10 places for Trainees at £50)

# A 'couple state of mind' in individual, couple, and parenting consultations

### Event outline

The concept of a couple state of mind will be described in relation to consultations with couples, parents and individuals. The capacity in the therapist to hold a couple state of mind is seen as part of the therapist's internal analytic setting. It is suggested that this aspect of the setting can support the elaboration of the meaning of the presenting concerns, increase psychic space and perspective, and foster the continuity of the therapeutic process. Clinical examples from consultations with couples, parents, and individuals will be given.

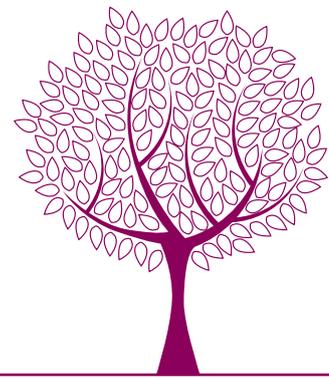
### Who should attend

Child and Adolescent Psychotherapists, Adult Psychotherapists, Couple Therapists, Psychoanalysts, Psychoanalytic Psychotherapists, Psychodynamic Psychotherapists and other interested mental health professionals.

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## Event speaker

### Mary Morgan

Mary Morgan is a psychoanalyst, consultant couple psychoanalytic psychotherapist and Fellow of the British Psychoanalytical Society. Until recently she was Reader in Couple Psychoanalysis and Head of the MA in Couple Psychoanalytic Psychotherapy at Tavistock Relationships. She has written many key papers in the field of couple psychoanalysis and teaches internationally. She is European member of the IPA Committee in Couple and Family Psychoanalysis (COFAP). Her book: 'A Couple State of Mind: Psychoanalysis of Couples – the Tavistock Relationships Model' was recently published by Routledge.

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## Event discussant

### Leezah Hertzmann

Leezah Hertzmann is a senior couple and individual psychoanalytic psychotherapist at the Tavistock and Portman NHS Foundation Trust (London) and in private practice. She has a career long interest in psychoanalytic theory and technique with LGBTQI individuals and couples and is a member of the British Psychoanalytic Council special advisory group on sexual diversity. In 2015, Leezah was the recipient of the British Psychoanalytic Council award for innovation in relation to her work developing evidence based interventions, using psychoanalytic couple concepts, for patients in dysregulated/violent relationships. She teaches and publishes widely. Her most recent publication, authored with Juliet Newbigin, 'Sexuality and Gender Now: moving beyond heteronormativity' is published by Routledge in the Tavistock Clinic Series.

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## Event Chair

### Simon Cregeen

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## Organising Group

**Nigel Barrow** Child & Adolescent Psychotherapist

**Simon Cregeen** Consultant Child & Adolescent Psychotherapist; Couple Psychoanalytic Psychotherapist; Clinical Tutor, NSCAP.

**Lynda Ellis** Lead Director NSCAP; Psychoanalyst; Child & Adolescent Psychotherapist.

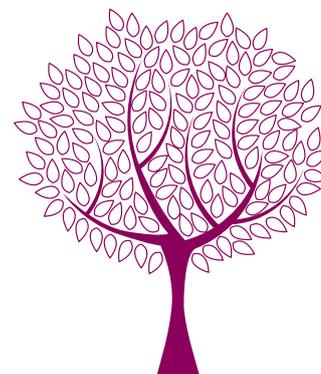
**Martin Gill** Psychoanalyst; Psychoanalytic Psychotherapist; Organising Tutor D58M.

**Kathryn Holland** Adult Psychotherapist

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## Organising Group (continued)

**Katharina Junejo** Consultant Child & Adolescent Psychiatrist; Medical Psychotherapist

**Marion Lindsay** (Chair of TPP) Psychoanalytic Psychotherapist.

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## Date

7 March 2020

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## Time

Saturday 9.30am - 2.15pm

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## Programme

9.30 Registration  
10.10 Welcome and Introduction, Simon Cregeen  
10.15 Presentation by Mary Morgan  
11.15 Presentation by Leezah Hertzmann  
11.45 Discussion  
12.00 Light lunch  
12.45 Small group discussions  
13.30 Large group discussion  
2.15 Close

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## Venue

St Thomas Centre, Ardwick Green North, Manchester M12 6FZ

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## CPD Certificates

CPD Certificates of attendance will be issued

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## Applying for the course

See following page for an application form, or contact:

Miriam Maganga - Business Operations Officer  
NSCAP Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

Email: mmaganga@nhs.net Telephone: 0113 855 8750

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## Keeping in Contact

Your personal information will be held on our database and used to process your application.

NSCAP would like to keep you informed of other events and activities that we feel are relevant to you. If you are happy for us to do this, please tick this box.

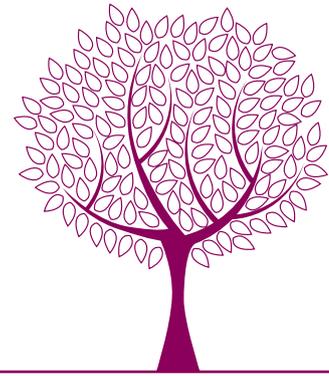
If you do not want to be contacted about other events and activities, please tick this box.

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# Application Form

A 'couple state of mind' in individual, couple, and parenting consultations

Saturday 7 March 2020



## Personal details

Title: ..... Name: .....

Occupation: .....

Email address: .....

Address for correspondence: .....

Postcode: .....

Telephone: .....

Any special requirements: .....

## Professional Qualification/ Training

## Payment & Invoice details

- I wish to attend the study event, A 'couple state of mind' in individual, couple and parenting consultations: £65 (10 places for Trainees at £50)
- I enclose a cheque (made payable to Leeds & York Partnership NHS Foundation Trust) for £ .....
- Please invoice my organisation for £ .....
- I would like to pay by bank transfer (payment details to be confirmed in acceptance letter)

NB: Organisation contact details MUST be correct for invoicing, ie NOT your place of work.

Name: .....

Job title: .....

Organisation: .....

Address: .....

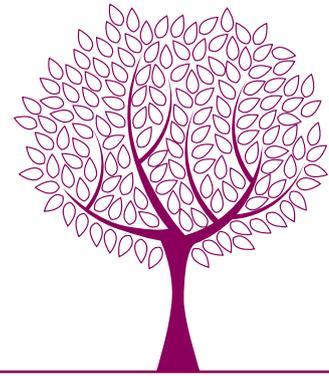
Postcode: .....

Telephone: ..... (if required)

# Application Form

## A 'couple state of mind' in individual, couple, and parenting consultations

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### This form should be returned to

#### Short Course Administrator

Email: [nscap.admin@nhs.net](mailto:nscap.admin@nhs.net) Telephone: 0113 855 8750

### Terms & Conditions

#### 1.0 Payment Methods

- 1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds and York Partnership NHS Foundation Trust.
- 1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.
- 1.3 Please contact the Course Administrator on 0113 855 8750 with any queries about payment.
- 1.4 Places cannot be confirmed until receipt of payment.

#### 2.0 Availability

- 2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

#### 3.0 Confirmation of Reservations

- 3.1 All reservations will be confirmed in writing with details of programme times and venue information provided.
- 3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

#### 4.0 Reservation & Cancellation Policy

- 4.1 All cancellations are subject to an administration charge of 10% of the course fee.
- 4.2 Cancellations made less than 2 weeks in advance of first day are subject to 100% charge.

#### 5.0 Further Information

- 5.1 For further information about all our future events and activities, visit [www.nscap.org.uk](http://www.nscap.org.uk), email [nscap.lypft@nhs.net](mailto:nscap.lypft@nhs.net) or call 0113 855 8750.